

Life is Worth Living: Suicide Prevention Workshop

Wednesday, September 11 – 9 a.m. to 1 p.m.

Arnot Ogden Medical Center, Petrie East
600 Roe Avenue, Elmira, NY 14905

Arnot Health and the Spiritual Care Department, in association with the Chemung County Office of Mental Hygiene's "Walk a Mile in My Shoes Suicide Prevention Committee" are partnering to offer the **LivingWorks safeTalk training** free to area clergy interested in gaining greater skill and facility in dealing with the unique challenges of individuals considering suicide.

LivingWorks safeTALK is a four-hour training that equips people to be more alert to someone thinking of suicide and better able to connect them with further help. Using a simple yet effective model, **LivingWorks safeTALK** empowers everyone to make a difference.

With over 120,000 people attending each year, it's the world's fastest-growing suicide prevention skills training course.

This training will be offered free of charge for area clergy or members of congregational care teams. Enrollment will be capped at a maximum of 30 participants, so RSVP as soon as possible to ensure a slot.

***Those interested may email brian.baker@arnothealth.org,
or leave a message at the Spiritual Care Office (607) 737-4399.***

Walk A Mile in My Shoes



***More common than you think.
More preventable than you know.***